

ABSTRACT

The present invention provides a heel pad for reducing the likelihood of decubitus ulcers on a patient's heels when the patient is lying on a mattress, the heel pad including, a cushion adapted to rest on the mattress beneath the calves of the patient, wherein the cushion has a front, a rear, a top, a bottom and a pair of ends, the cushion including a core layer having an arched profile, wherein the core tapers downward toward the front and the rear, and a top layer covering the core layer, the top layer being softer than the core layer, and thicker toward the front and rear edges, wherein the top of the cushion tapers downwardly toward the rear.